StepsUP Consulting LTD

SAFETY MOMENT

Air Travel

Travel safely, go further.

- Plan Ahead
- Stay Alert
- Follow the Rules
- Travel Safely



SAFE PEOPLE
STRONGER PLACES

WORK SAFE
GO FURTHER

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Introduction

Key safety topics to be covered.

Before the trip
Planning, documents and baggage.

At the airport
Arrival time, screening and awareness of your surroundings.

Baggage safety
Permitted items, identification and protection.

During the flight
Following instructions and acting responsibly.

Health and well-being
Hydration, rest and personal hygiene.

Safe arrival
Baggage claim and reliable transportation.



PREPARATION, PREVENTION AND SAFE TRAVEL

WORK SAFE
GO FURTHER

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Before the trip

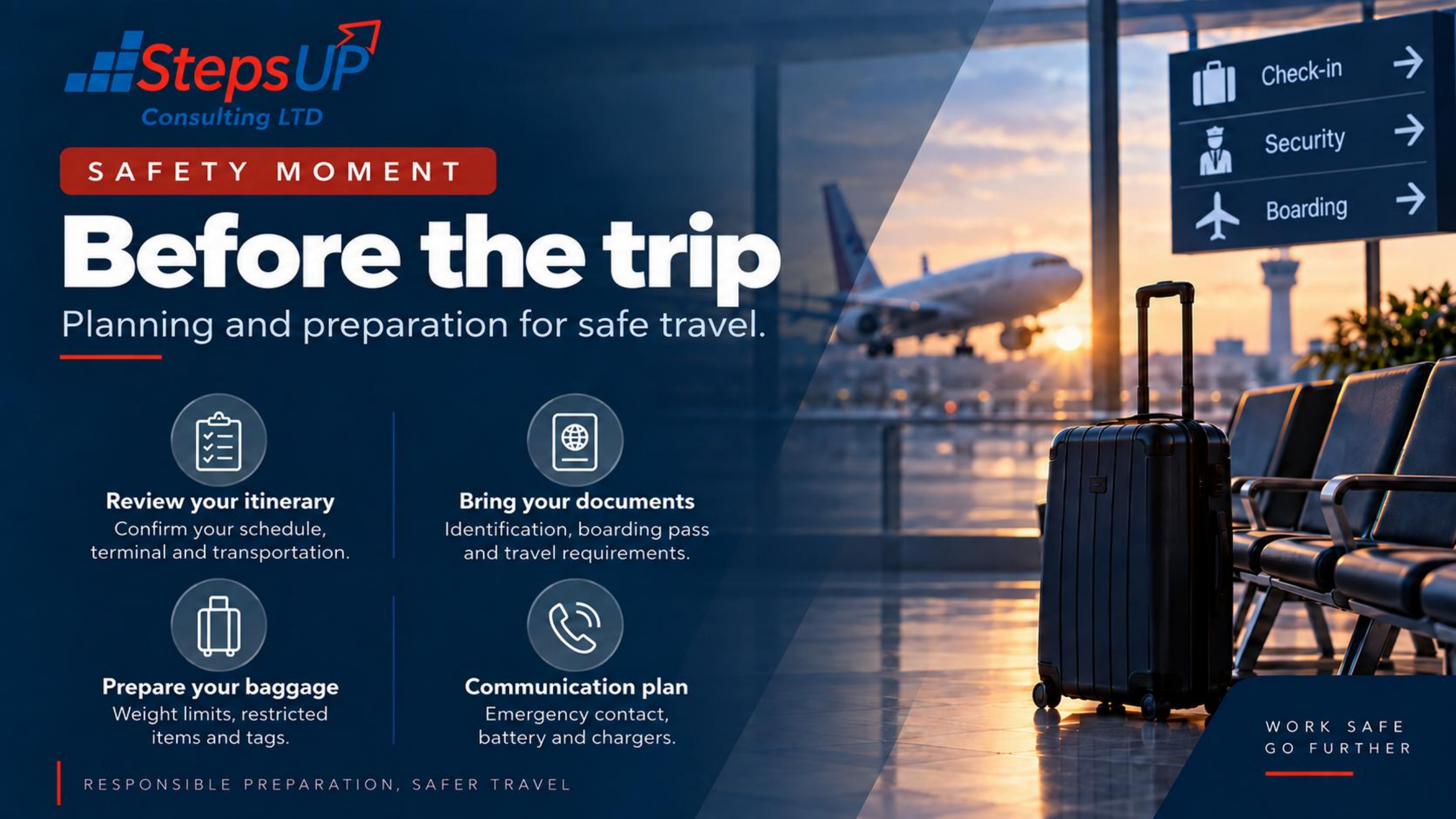
Planning and preparation for safe travel.

Review your itinerary
Confirm your schedule, terminal and transportation.

Bring your documents
Identification, boarding pass and travel requirements.

Prepare your baggage
Weight limits, restricted items and tags.

Communication plan
Emergency contact, battery and chargers.



RESPONSIBLE PREPARATION, SAFER TRAVEL

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GO FURTHER

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At the airport

Best practices during check-in, screening and boarding wait time.

Arrive early
Check in ahead of time to avoid rushing and setbacks.

Keep documents handy
Keep your identification and boarding pass accessible.

Security screening
Follow instructions, respect restrictions and organize your belongings.

Watch your baggage
Do not leave bags unattended or accept items from others.

Check the screens
Confirm your gate, schedule and any boarding changes.

Wait safely
Stay in authorized areas and pay attention to announcements.

ATTENTION, ORDER AND PREVENTION AT EVERY STAGE



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During the flight

Safe and responsible behavior on board.

Wear your seat belt
Keep your seat belt fastened while seated.

Follow instructions
Listen to the crew and follow all safety directions.

Store your belongings
Keep baggage and personal items clear of aisles and exits.

Move carefully
Stand up only when it is safe and avoid walking during turbulence.

Take care of your well-being
Stay hydrated, rest and report any discomfort.

Show respect on board
Maintain appropriate behavior and be considerate of other passengers.

CALM, PREVENTION AND RESPECT IN THE CABIN



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Health and well-being

Take care of your body and stay in good condition during the trip.

Stay hydrated
Drink water before, during and after the flight.

Get enough rest
Sleeping well helps reduce fatigue and stress.

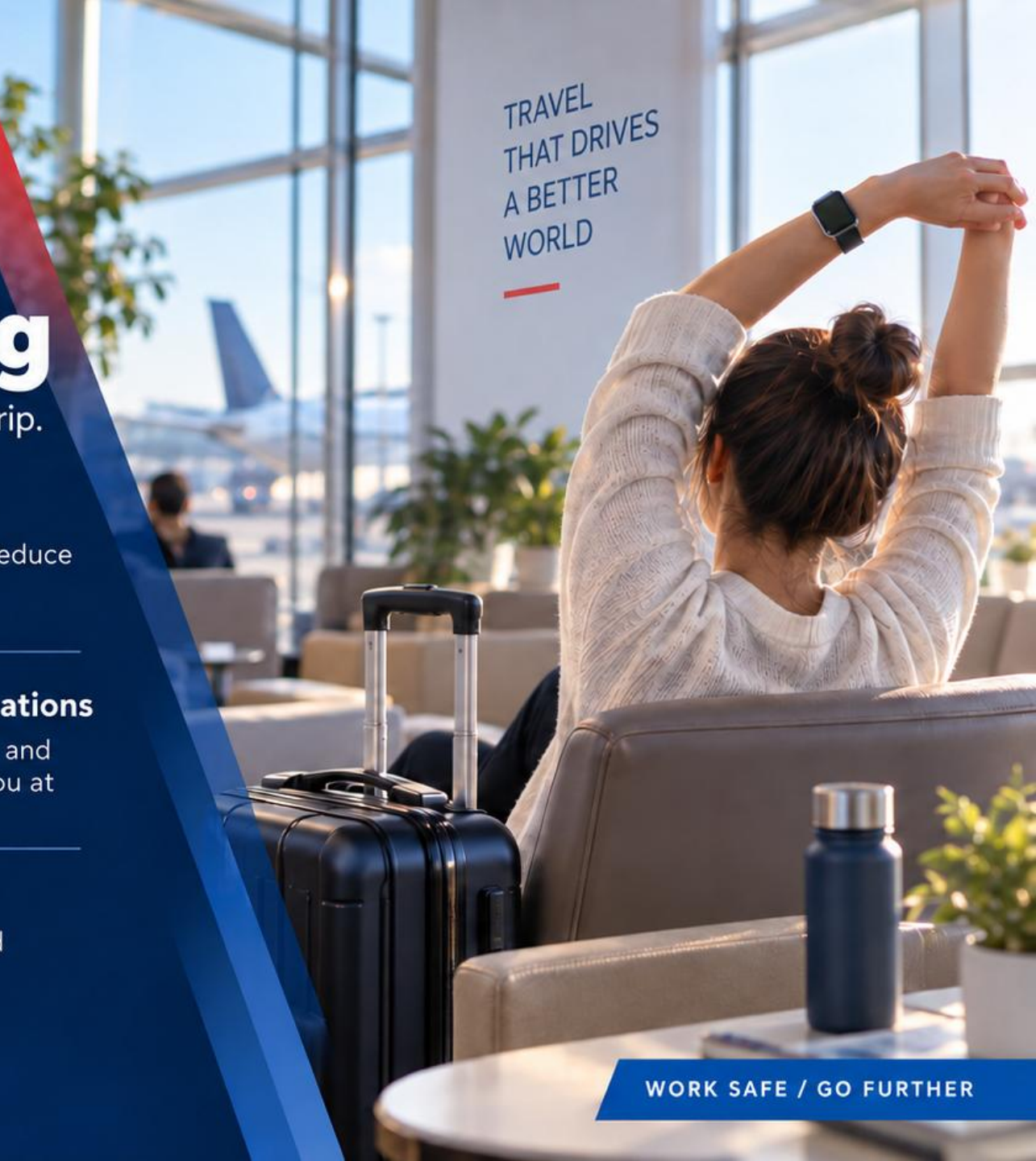
Eat light meals
Choose light foods and avoid excess before traveling.

Bring your medications
Keep your medicines and prescriptions with you at all times.

Personal hygiene
Use sanitizer, wash your hands and take care of your health.

Move regularly
Stretch your legs and change posture on long trips.

WELL-BEING, PREVENTION AND ENERGY ON EVERY TRIP



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Safe baggage

How to prepare, identify and protect your belongings during the trip.

Identify your suitcase
Add your name, phone number and a visible ribbon or tag.

Check the weight
Confirm baggage limits to avoid extra charges or delays.

Protect valuables
Keep documents, money and electronics with you.

Avoid restricted items
Verify what cannot go in carry-on or checked baggage.

Secure the contents
Close zippers, organize liquids and use a lock if needed.

Check it at pickup
Verify the tag and the condition of your baggage when you receive it.

ORDER, IDENTIFICATIÓN AND PREVENTION ON EVERY TRIP



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Conclusion

Safer travel, better opportunities

Preparation, awareness and responsible decisions help us reduce risks and support safe, successful business travel for our team and our company.

- **Plan ahead** for a safer trip.
- **Stay informed** and follow recommendations.
- **Take care of yourself and others** throughout the journey.
- **Travel safely, contribute** to the success of our team and the company.

ORDER, IDENTIFICATION AND PREVENTION ON EVERY TRIP



SAFE PEOPLE
STRONGER PLACES

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